



Essay Form

Student Name: Satsuki Nagahara

Country: Japan

Theme: The roles of my country and of Asia in the future.

Length: Maximum of 1,000 words

Language: English

I think that we need to reduce the number of undernourished population in the world. Do you know the meaning of "undernourished population"? We need energy to live. So, we get enough foods. If we work without energy, our body will lose nutrition more and more. So that, we call these type of people undernourished population. There are 960 million people like them in the world.

However, the world does not have shortage of food. Why do people with malnutrition exist? There are two reasons.

First, the food distribution is not equal. According to Food and Agriculture organization of the United Nations (FAO), an average dietary energy supply per person in the world is about 2800 calories per day. People in advanced countries like Japan and America take over 3000 calories per day. However, in developing countries like in the areas of Africa, they take only 1,800 ~ 2,200 calories per day. The people of the advanced countries get too much

energy. So that, undernourished population does not decrease.

Second, we use grains as bioenergy and as livestock feed. Bioenergy is used instead of petroleum. Overuse of petroleum causes global warming. However, bioenergy does not cause global warming. Recently, the use of bioenergy has increased. In addition, we need more meat, so we have to grow more grain to raise pigs and cows. The before, the amount of grain that can be eaten is decreasing.

It is roles of Japan to solve this problem. I think that Japan have to decrease the amount of food waste. Japan imports many food. About 55 million tons each year, but Japan throws away 18 million tons of these. If we give it to developing countries people, they can live. In other words, we abandon many foods which the people of developing countries should eat.

Japan has another role. There are many organization in the world to help people who are in need of foods. There are United Nations in it. The United Nations has food support. Japan should help these organizations. Japan can send foods, money and things necessary for daily life. In addition, we can teach developing countries the technology to produce more food.

What can we do for this? How can I help as a Japanese?

First, I buy foods only I can eat. We throw away

foods past the best before date and expiration date. In addition, we buy foods when we don't need. So, we should buy food only we need. People should make shopping list before they go shopping.

Second, we should keep to local produce. In my town, there is a shop which sells only the local foods. By having this, we can promote local food product and consumption and reduce waste of foods. So that, I usually buy vegetables and rice from the local shop.

It is important for Asia to reduce the number of undernourished population in the world. Actually, Asia is the region with the largest undernourished population. The percentage of them is 63.1%. In addition, a population of Asia is increasing rapidly. If we keep our dietary energy supply like this, this problem would get worse. That is why, we should consume foods only we need to. We need to change the culture of the mass consumption society. For that purpose, countries of Asia should work together.

These problem is not only for the developing countries. Advanced countries have to think more seriously about this problem than now.