

Name: Chhun Sen Neang
Country: Cambodia

Final Report

First off, greetings everyone! It's already been over three months already since TYCA Vol.3. Time sure flies! Almost every morning starts with a light drizzle here in Cambodia, much like Tokyo during TYCA week.

One week after arriving home, I have pretty much told most of the things that happened to my friends and shared the amazing discoveries I made during the camp. Many of my friends were very amazed by just hearing about Toyota Mirai and the idea of Hydrogen City.

On a personal level, I have made quite an effort into changing a few aspects of my lifestyle like carrying a reusable water bottles and using tote bags in place of plastic bags. I have also convinced my friends to start using them with me (I went as far as actually buying one of my friends a reusable bottle). As far as I know, tote bags are becoming a trend now with students because they are



convenient and help to lessen the loads a heavy backpack does to our shoulders (Our school does not provide lockers so we have to carry many books around every day). I have quite a collection of tote bags myself and have been using it store my books, snacks and an extra change of clothes when needed. Apart from this I have also tried to pay extra attention to water wastage, like making sure to not leave any tap open after I brushed my teeth or did the dishes.

Regarding my project which is to raise awareness of mental illnesses and environmental protection in public schools, I managed to complete most of the steps listed in my action plan. I did the easiest thing first, which was to create a Messenger poll in my class's group chat, by simply asking my classmates how much they knew about mental illnesses and whether it is a serious issue amongst students. From the responses I received I was able to conclude that most people in my class do know about them, many mentioning depression and social anxiety.

About two weeks after the poll, I decided to go ahead with my next action to film a short video on depression. Recruiting the actors was somewhat easy because surprisingly everyone was willing to help. However, coming up with a storyline that focus on depression while also highlighting the importance of protecting the environment was quite a difficulty. Eventually though, we made up a

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storyline that goes something along the line of: a student suffering from the depression and how it interfered with certain aspects of his life such as relationships with friends, family, school etc. In the midst of the chaos, he does not stop living his 'go green' lifestyle and is the only thing that is keeping him somewhat sane



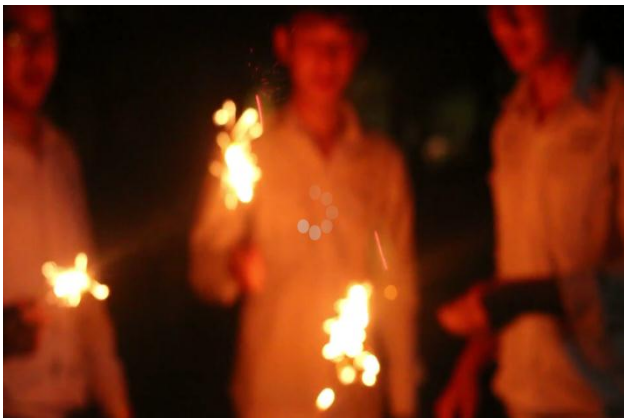
Our school held an Earth Day on the 5th of June. A few footages were taken from this event.

The sign roughly translated as: If You Want A Green Environment, Celebrate National and World Environment Day.

Sample of segregation bins are to be distributed to famous public high schools to encourage waste segregation.



Unfortunately, to this date, we only managed to take a lot of footages that are in heavy need of editing due to the fact that the date of our national exam is drawing near and most our focus are set on exam preparations. Hopefully, the project could be continued after the exam (held on 21st and 22nd of August).



Both scenes are set at a party where the lead only goes because his friends insisted. He's supposedly watching everyone else having fun and pretends to be happy so not to ruin everyone's mood.

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To sum up my report, my actions are not completed but while following through the actions, I noticed a lot of changes I have made to my lifestyles and have begun to look more into environmental sciences and sustainable development. In fact, I am considering taking environment and sustainability studies at university. TYCA Vol.3 has opened me to topics I never even cared to look up about and for that, I am grateful.